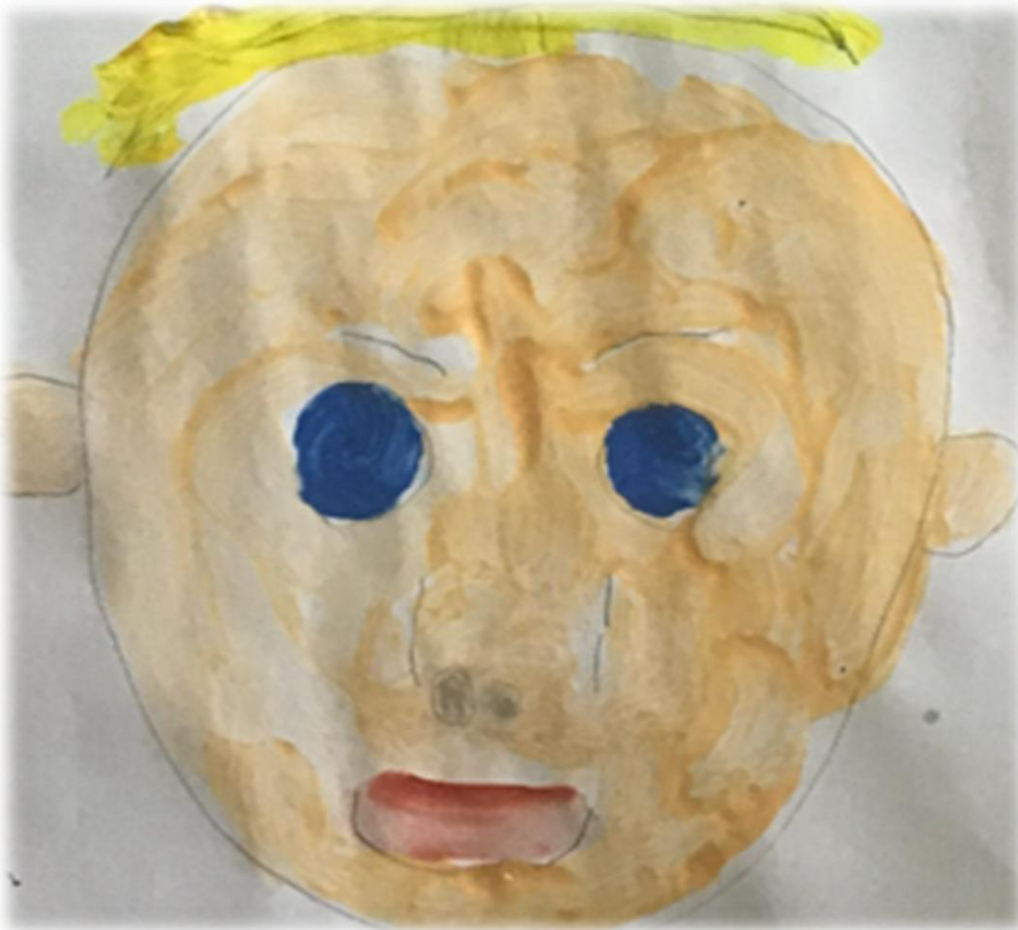




TEAGUES BRIDGE PRIMARY
THE BEATING HEART OF THE COMMUNITY

Friday Newsletter

Outstanding Work of the Week



Denise ~ Turtles

11th September 2026

Dear Parents and Carers,

WELCOME:

Welcome back to all our school community. We welcome our new reception class, who have settled into school life really well. They have followed the rules and routines quickly and respond very well to instructions. We hope they continue to flourish at Teagues Bridge.

It has been a busy start to the term. We welcome our newest members of staff Mrs Langham (assistant head), member of the senior leadership team and year 6 teacher. We also welcome Mrs Jenny Clements working in the office part-time alongside Mrs Johnson. Mrs Clements will be working Monday and Tuesday and Mrs Johnson will be working Wednesday, Thursday and Friday, we hope you will make them all feel very welcome. We also welcome back Miss Goring who has returned from maternity leave, she is the year 5/6 teacher, Literacy lead and a member of the senior leadership team. Finally, Mrs Crowe has returned to cover temporarily for Mrs Parker in Y3/4.

We look forward to many exciting opportunities as we move through the Autumn term.

I hope all parents feel welcomed back and you can always approach the class teacher in the first instance if you have any concerns, queries or worries.

REMINDERS:

- Children should have their hair tied back if it is longer than shoulder length.
- All children should be wearing black footwear, no trainers.
- All children should be wearing school uniform; you will be contacted if your child is not in appropriate school uniform or footwear as this is our school policy.
- No jewellery and earrings should be studs. Hoops and dangly earrings can get caught on their clothing when they are playing.
- All children should have a school PE kit.
- Please ensure your child is reading at home regularly and has their books and reading diary in school. You will receive a letter if your child is not reading at home.
- Please ensure you contact the school office on the day of your child's absence, if contact is not made, the office will phone for a reason for absence, this is part of our safeguarding policy.

PARKING:

Parents should not be parking in the school carpark; this is for staff only and there are limited parking spaces. Gates will be locked at the beginning and end of the day. Please park on the crescent but not blocking the residents' driveways.

DATES:

15.9. ~ DSL assembly ~ introduce the Designated safeguarding leads so that all children know who they can go to.

21.9 ~ Year 6 go to Arthog. Staff members going are Mrs Wood, Mrs Marston and Mrs Ames.

Mental Health Newsletter

Welcome to mental health newsletter page

Supporting mental health this Month

Depression and Anxiety

Your child's mental health

Signs of depression or anxiety in children can sometimes look like normal behaviour, particularly in teenagers who might keep their feelings to themselves. So, knowing how to talk to your child about their mental health is important.

Many children or young people will feel stressed or anxious about things like exams or moving to a new school. But while these experiences can be challenging, they're different from longer-term depression or anxiety, which affect how a child or young person feels every day.

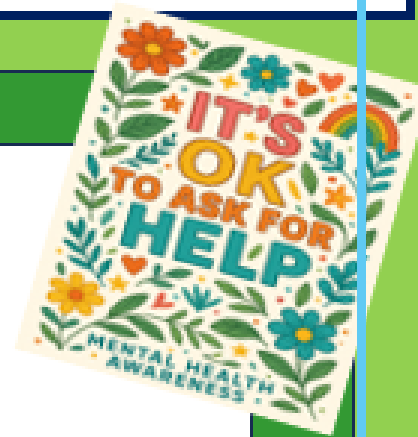
It can help to think about what's normal for your child and if you've noticed signs that they've been behaving differently

Signs of depression in children can include:

- ongoing low mood or lack of motivation
- not enjoying things they used to like doing
- becoming withdrawn and spending less time with friends and family
- experiencing low self-esteem or feeling like they are 'worthless'
- feeling tearful or upset regularly
- changes in eating or sleeping habits.

Signs of anxiety in children can include:

- becoming socially withdrawn and avoiding spending time with friends or family
- feeling nervous or 'on edge' a lot of the time
- having panic attacks
- feeling tearful, upset or angry
- having trouble sleeping
- changes in eating habits



Mental Health Newsletter

Supporting mental health this Month



Sometimes, parents feel like their child's mental health problem is their fault. Or they want to know exactly why their child is struggling. This is understandable, but the most important thing is to reassure your child and not judge them for how they're feeling.

You can help a child who's struggling by:

- letting them know you're there for them and you're on their side
- talking to them over text or on the phone if they don't feel able to talk in person
- being patient and staying calm and approachable, even if their behaviour upsets you
- recognising that their feelings are valid and letting them know it's OK for them to be honest about what they're feeling
- thinking of healthy ways to cope. You could try things like yoga, breathing exercises or mindfulness together
- encouraging them to talk to their GP, someone at their school or Childline. Especially if they're finding it hard to talk at home.
- taking care of yourself and getting support if you need to. Try not to blame yourself for what's happening, and stay hopeful about your child's recovery



Why does my child feel lonely?

There are lots of reasons a child might feel lonely. Thinking about the reasons why your child might be struggling with these feelings could help you understand the best support you can give them.

Some common reasons for loneliness include:

- Feeling like they need more friends or to feel closer to the friends they have.
- Not having as many chances to socialise and see friends as they'd like.
- Wanting a closer relationship with family or their community.
- Problems with self-esteem, meaning they might not feel confident about making and keeping friends.
- Struggling with a physical or mental health problem.
- Life changes, such as moving house, changing schools or parents or carers separating, meaning it's more difficult to see their usual support network.

What can I do to help my child feel less lonely?

You could try making an action plan with them. This could look like:

Communicating openly

Try to talk and listen to your child regularly and without judgement, acknowledging and validating their feelings as much as possible.

Understanding the cause

Work together to figure out why your child is feeling lonely.

Encouraging socialising

You could help your child practice social interactions through role playing. And you might see if there are any clubs or groups your child might be interested in joining.

Building their confidence

When you notice your child is making progress or putting in effort, it's important to acknowledge this and praise them, even if the steps they're taking are small.

Creating a supportive environment

Spending regular, quality time with your child will help them feel supported by you. You can also encourage them to express themselves and their feelings in a way that's safe and that they enjoy.



Online Safety Newsletter

Sept 2026

Childline under 12s site

Childline have a separate area on their website for under 12s. The pages are written for primary school children. The area includes a section full of games and a Buddy Zone with tips, such as how to speak to a trusted adult and information on where to get extra support from.

You can access this area here:
<https://www.childline.org.uk/get-support/u12-landing/>

How to manage parental controls for different ages?

Internet Matters asked online experts, Karl Hopwood and Richard Waite to share their advice on how to manage parental controls for different ages. Find out more here:

<https://www.internetmatters.org/hub/question/managing-parental-controls-for-different-ages/>

Would you like to read this newsletter in a different language? You can use the translation tool on our web version:
<https://www.knowsleycityscs.org.uk/september-2026-primary/>

New guidance issued due to concern of AI-manipulated images

Photos of children that seem completely innocent can be manipulated using artificial intelligence (AI) to create sexualised or abusive images. There is a growing threat that children's images shared online are being manipulated by criminals into AI generated sexual abuse material. As concerns grow, the Internet Watch Foundation (IWF) and the National Crime Agency (NCA) have issued new guidance to help you understand the risks around AI image manipulation and advice on how to speak to your child about AI and image consent.



The IWF states that child sexual abuse images or videos created or altered using AI may include:

- Everyday images of a child or young person that are manipulated into child sexual abuse imagery, including images taken from social media, websites or messaging apps, that are manipulated into sexualised or abusive imagery. These are sometimes known as 'deepfakes'.
- Images or videos that look like a real child but are completely artificial.
- AI technology that digitally removes clothing from existing images to create nude or semi-nude images, sometimes known as 'nudifying'.

[source: IWF <https://www.iwf.org.uk/resources/ai-child-abuse-imagery-parent-guide/> accessed 25.08.26]

What can I do?

The guidance provides practical advice about sharing photographs of your child online. Some useful things to consider are:

- Think before you share photographs online. The IWF suggest creating a 'close friends' group to share images.
- Check and adjust your privacy settings on all social media accounts.
- Understand the steps to take if you or your child has any concerns and the organisations you can contact.

Where can I find the new guidance?

The full guidance can be accessed at the link below. It also includes a video highlighting how everyday photos can be misused using AI tools.

<https://www.iwf.org.uk/resources/ai-child-abuse-imagery-parent-guide/>

You can find the full press release/announcement here:

<https://www.nationalcrimeagency.gov.uk/news/new-guidance-for-parents-and-carers-as-ai-manipulated-images-of-children-become-a-growing-concern>

YouTube

YouTube is one of the most popular platforms, available across many different devices - phones, tablets and Smart TVs etc. YouTube is intended for users over the age of 13, however, younger children can still access YouTube with consent from a parent/guardian. There are different options available to access YouTube, depending on your child's age:



1. YouTube Kids – a separate app that includes a smaller selection of videos based on the age category you select: Preschool (ages 4 and under), Younger (ages 5–8) or Older (ages 9–12).

2. Supervised accounts – a parent-managed version of YouTube that allows you to control the content your child can access. You can select one of the following options:

- **Explore** - Generally for viewers aged 9+.
- **Explore more** - Generally for viewers aged 13+.
- **Most of YouTube** - This setting includes almost everything except for videos marked as 18+.

Find out more: <https://support.google.com/youtube/answer/10315420>

What do I need to be aware of?

Whilst YouTube can be educational and fun, it is important to be aware of the potential risks, such as:

- **Inappropriate content**
- **Excessive Screen time** – particularly due to the autoplay feature.
- **Unwanted contact / cyberbullying** – particularly via comments if your child is sharing videos.
- **Algorithms** – algorithms influence what we see to keep us engaged. This can lead to a user being exposed to large amounts of content about one topic/theme, which may not be helpful if it is negative.
- **Adverts** that may not be aimed at or suitable for your child's age.

What can I do?

- Set up appropriate parental controls.
- Show your child the reporting and blocking tools available.
- Watch YouTube together or supervise use.

Further information

<https://www.internetmatters.org/parental-controls/entertainment-search-engines/youtube-app/>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.09.26. The inclusion of any links does not imply any affiliation with or endorsement of the linked websites, documents, or videos, nor are we claiming any ownership or copyright in the content of the linked materials.

A guide for parents and carers on managing children's digital lives

The Children's Commissioner has published this guide to help you support your child and make starting conversations about their online world easier. It's a useful read:

<https://assets.childrenscommissioner.gov.uk/wpuploads/2025/12/cc-what-i-wish-parent-guide.pdf>

Nex Playground

Nex Playground is a new video game console, which features games to get kids active. The games have no ads, no violence and no chat features, however it does rely on purchasing either a yearly or quarterly game subscription. You can find out more here:

<https://www.nexplayground.com/en-gb>

Online Safety Quiz

The NSPCC have created this quiz to test your child's knowledge on how to stay safe online. It's a great way to start a conversation with your child about their online life. You can access the quiz here:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/quiz/>

WhatsApp Usernames

WhatsApp is introducing the use of usernames, so people no longer have to share their phone number. Wayne Denner provides an overview of the new features, what you need to consider and steps you can take here:

<https://www.waynedenner.com/whatsapp-usernames-what-parents-need-to-know/>

This week in Seals...



Our first reading and writing focus text!

We have begun our first book for this year—The Puffin Keeper by Michael Morpurgo. This book is a beautiful story about a boy called Allen who was rescued in a storm by a lighthouse keeper. After finishing school he goes to find the lighthouse keeper to thank him and a new adventure starts.

PE - Hockey

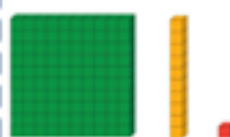


This half term we will be practising our passing, stick skills and teamwork skills in PE. We will be practising our agility and footwork as well as learning how to defend and attack with the ball.



hundreds	tens	ones

Maths - Number Sense and Place Value



In maths we have been revisiting place value and expanding our knowledge to numbers up to 1000. This will help us when we cover addition and subtraction in the future. We learning our last number facts through number sense. After Christmas we will be starting times tables with our doubles which will become our 2 times table. By the end of the year we will know over half of our essential facts and be fluent in the 2, 5 times table and the square numbers. Support at home early with Numbots and TTRS.

We have a PE after break on a Monday and PE first thing Friday. Please wear school PE into school for both days —Mrs Thomas

This week in Swordfish...

What a fantastic start to our new school year! Well done to everyone in Swordfish!

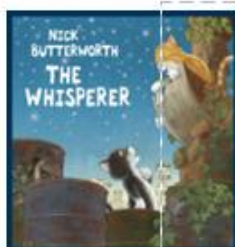
Music

In Music we have enjoyed learning a new song called, The Dragon Song! We have started to learn the words and are enjoying singing together in class!



Celebrating Diversity!

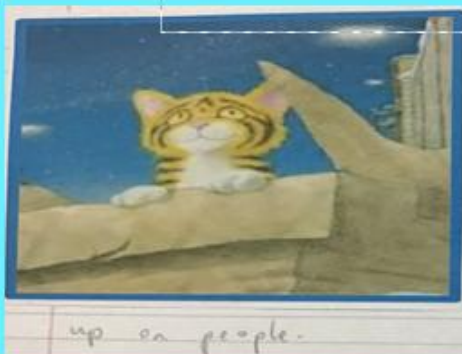
We created art work to celebrate and share our similarities and differences...



Celebrating our wonderful writing!

We have been learning to write setting and character descriptions for our class book, The Whisperer by Nick Butterworth.

Can you tell someone at home what the book is about and how it celebrates diversity?



Tiger is a cheeky kitten - Tiger is
slabby he orange with black stripes
like a tiger - He has long
straight ears - He has good
eye contact - He's a good sniffer.
His whiskers are long and
skinny. He's always happy - He
pounces like a jaguar. His claws
are sharp and long - He is a
small kitten - He is one
of cutest kittens. He likes cats.

Nathan.E

Notices

P.E. is on Mondays and Thursdays.

(Please come into school wearing your P.E. kit on Mondays only).

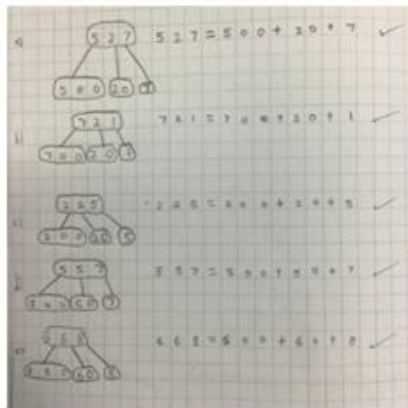
Homework will be handed out on Fridays and is due back on Thursdays please.

Please come and speak to an adult in class if you need any help.

This week in Belugas...

We have had a great start to the academic year in Beluga's class.

Last week children enjoyed exploring our text 'The Way Back Home' by Oliver Jeffers. Children took part in a Science/Art lesson where they learnt the Moon Phases. They created adjustable paper moons that can show the 6 phases of the moon.



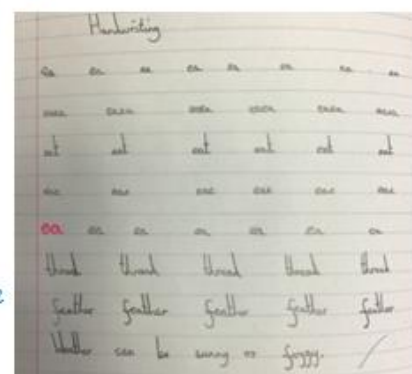
In maths, the children have been learning how to partition numbers up to 1000, showing the value of each digit in a part whole model and writing the numbers in their expanded form.

In music this week, we have been begun our unit called "The Fresh Prince of Bel Air". Children learnt about the style of the music, the composition of the song, and practiced the Bronze challenge to keep in time to the pulse of the music. Next they learnt the introduction rap, ready to learn the rest of the song this half term and introduce instruments and their own composition.



Our Geography focus this half term is Biomes, to introduce this unit, children explored a range of Biomes and created them on the iPad, adding vegetation to the correct biomes.

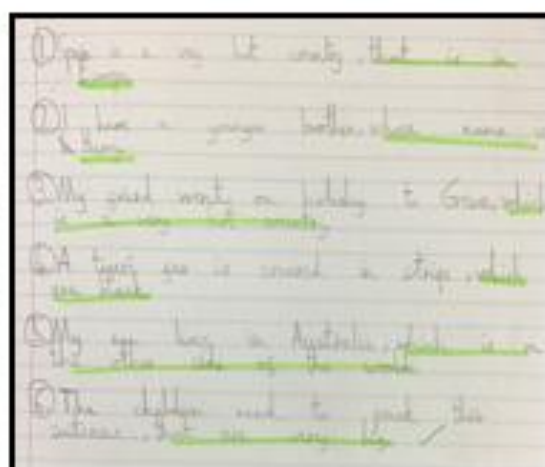
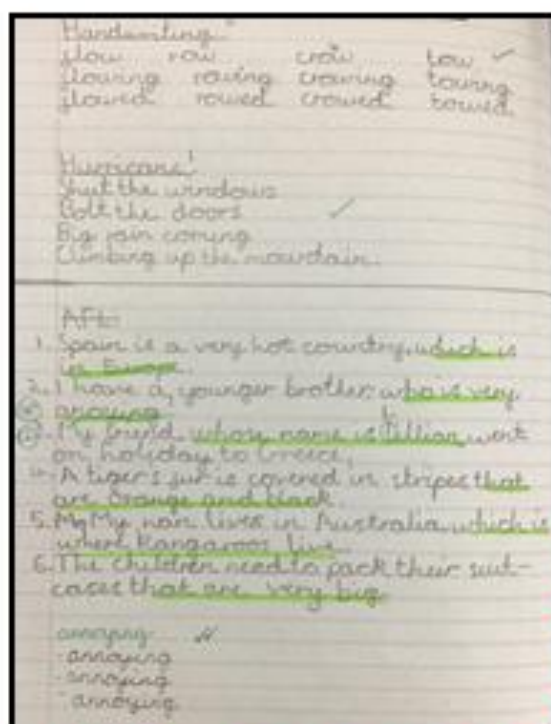
We have started our handwriting unit, and children worked hard showed off there beautiful handwriting. We are focusing on our joining!



This week in Octopi...

A fantastic start to the year here in Octopi Class...

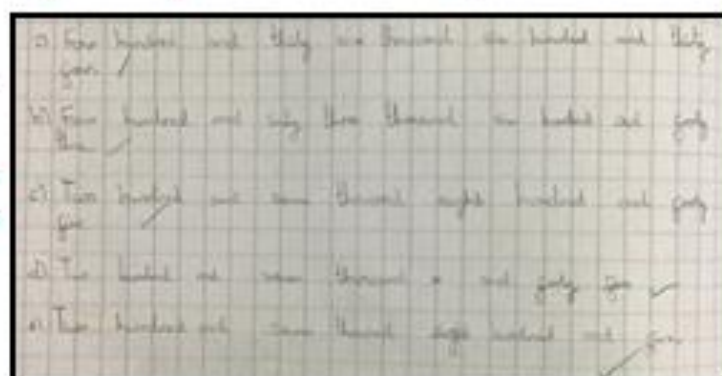
This week in English we have been looking at relative clauses and fronted adverbials. The children have been focusing on improving example sentences by adding in relative clauses and fronted adverbials and we progressed onto re-writing a paragraph relating to our text 'Song of the River' by Gill Lewis. We are looking forward to applying this knowledge moving forward as we focus on newspaper reports during the coming weeks. Here is an example of some English work from this week:



In Maths we have begun our topic of place value. We have been looking at the value of numbers up to 1,000,000. The children have also practised reading and writing numbers to one million, as well as exploring finding all possibilities

through our problem solving lesson, whereby the children explored a range of problems and worked systematically to ensure that they had satisfied the criteria and all possible answers were found.

In geography this week the children enjoyed their memorable experience, whereby they explored building their own biomes. They used the iPad's to create their own biomes, exploring different climates, animals and vegetation belts.



This week in Sharks

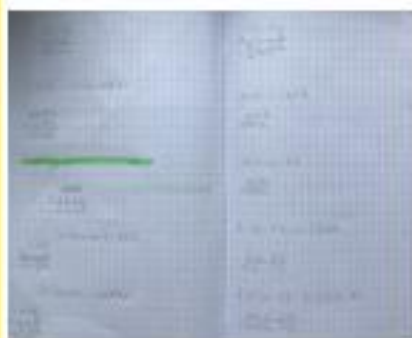
We have had a great start to the academic year in Shark class.



Last week children enjoyed the text and write Haikus about belonging, diversity and equality. They were able to share these in class with



each other and link this to our class charter and being Ready, Respectful and Responsible.

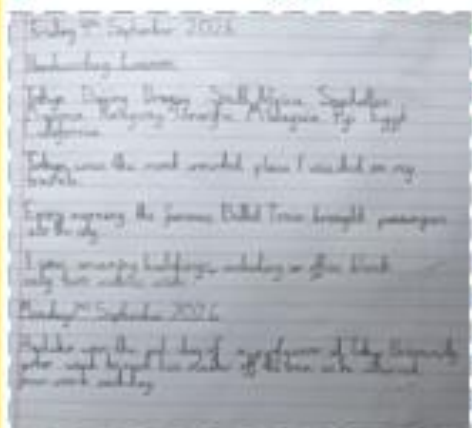


In maths, we have been working with numbers up to 10,000,000 in digit and written word form. We have been applying this knowledge of place value to our fluency and problem solving. In arithmetic we have been focusing on the four operations, the various needs to use them in-

cluding decimal numbers and missing number questions, to build speed and stamina.



In our writing lessons and reading lessons, we have started to explore The Tale of Truthwater Lake by Emma Carroll. We have focused on reading fluency and much of our writing will centre



around this story with diary entries and narrative.

We have been working on presentation, and practising our joined legible handwriting

Friday Awards

Our Awards Assembly takes place on a Friday Children were awarded with their certificates in class. Please see below a list of the children who have received awards this week.

Base	Star of the week	Worker of the week	Behaviour Champion	Respectful Rangers	Handwriting Heroes	Punctual Panda	Best attendance
1	Arabella	Isla	Elsie	Bonnie	Luca	Freyja	Darwin
2	Marcel	Jack	Mehar	Eleanor	Oakley	Harrison	Victoria
3	Remy	Timmy	Ellie	Heidi	Yuvraj	Lottie	George
4	Millie	Paisley	Molly	George	Amrita	Willow	Finley
5	Noah	Brendans	Ava	Anna	Cooper	Gunveer	Willow
6	Chloe	Harriet	Matilda	Arnesh	Sophie	Teddie	Jaxson
7	Erin	Carter	Harrison	Alaya	Nicholas	Elizabeth	Charmaine
8	Rosie	Riley	Annabelle	Ella-Rose	Sakina	Corbyn	Oliver

Best class attendance this week:

KS1 ~ Seahorses ~ 100% ~ Fabulous!

KS2 ~ Belugas ~ 98% ~ Super!



Homework of the week award

We have introduced a new award for Friday's award assembly.

This is in recognition of the fabulous homework most of our children produce. It is also to show the importance of doing homework.

We need to ensure that children are equipped to be able to complete homework, as a school we are looking at our homework offer and adapting it to meet the needs of the children.

The most important homework your child can complete is reading; this opens the doors to all other learning in school and in life.

Each Base has nominated two children for this week's homework of the week award

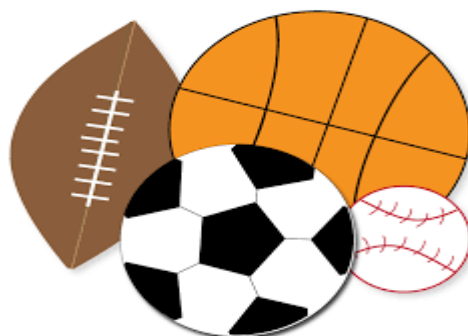
Class	Name
Turtles	
Starfish	Skylar
Seahorses	Verity
Seals	Roman
Swordfish	Simran
Belugas	Enzo
Octopi	Indi-Rae
Sharks	Sharks



Star Player of the week award

On Monday, Thursday and Friday, all children have PE. This is delivered by the Crossbar coach. The coaches have recently introduced star player of the week from each base. This is because of the effort they make and the sportsmanship they show. Please see the children chosen for 'Star Player of the week' award this week.

Turtles	Kieran
Starfish	Bashir
Seahorses	Zirwa
Seals	Noah
Swordfish	Charlie
Belugas	Leon
Octopi	Charmaine
Sharks	Theo





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Picture News



At Home



At Home



The

UK



Prime Minister



wants to



help



people



who

are



sleeping rough.



Can



you



help



someone



at home



with chores



this week?



You can



put away



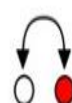
toys,



set the table,



wash dishes



or



make your bed.