

Here are some easy games that can be played to help improve our working memory...

Sequencing activities:

-Show child a sequence of pictures or objects and cover them up. -Ask children to reproduce the same sequence. -Make easier of harder by varying the amount of pictures/objects used.

Bingo:

-Can use pictures, shapes, letters, numbers, words. -Make it easier or harder by varying the number of cards they have choose from.

Stimulus cards:

-Show children a picture for IO seconds -Cover the picture and then ask them a question about the picture

What's wrong in this picture?

-Spot the difference/ Find the hidden object in the pictures.

Which one is different?

-Rows of shapes/pictures/numbers and children spot which one is different

Sorting / classifying:

-Shoes, gloves, socks, coloured foot/handprints. -Encourage children to explain their classifying system.

Dot-to-dot pictures.

-Use a range of pictures and varying difficulties.

I went to the supermarket — adult says to the child sentences of increasing length and complexity and the child has to repeat these back verbatim (e.g. "*I went to the supermarket and bought three tins of beans, one loaf of bread, a carton of milk, a packet of sweets, two bars of chocolate*...." etc.). Start with short, simple sentences and build up to more complex ones.

Find the changed (or missing) word — adult says a sequence of words to the child (e.g. *dog, cat, fish, monkey, spide*r) and then repeats it changing one (or missing one out altogether), either slightly or more obviously (e.g. *dog, cat, fox, monkey, spide*r) and the child has to identify the change.

What's their job? — adult says to the child a list of name-occupation associations (e.g. "*Mr: Pearce the painter, Mr Smith, the hairdresser, Mrs. Brown the electrician*") and then asks for recall of one (e.g. "*Who was the grocer?*" or "*What is Mrs. Brown's job*?").

Word repetition — adulr says sequences of unrelated words to the child (e.g. *hat, mouse, box, cup, ladder, tree, biscuit, car, fork, carpet*) and the child has to repeat them in the correct order. The length of the list can be gradually extended.

Phoneme repetition — as word repetition, but with phonemes (sounds) ("oo, v, s, er, d").

Letter name repetition — as word repetition, but with letter names.

Digit repetition — as word repetition, but with digits.

Other games that can be played include:

- Chinese Whispers
- Singing / Repeating Rhymes and Songs
- Tongue Twisters and Silly Rhymes
- Naming objects ' Name something tall and thin.'
- Listening for the odd one out when given a list of objects.
- Clapping rhymes and games.







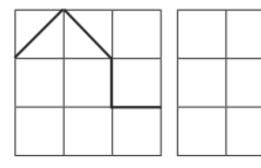
Remember the Sentence

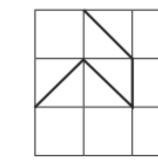
These cards can be folded vertically. Children should read the sentences, turn the folded card over and answer the question. Children should write the sentence on the lines given.

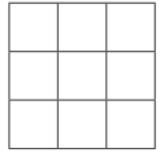
 Tuesday is the day we have gym. Paul plays golf on Thursdays. 	Which sentence was first?
 Sam and Peter played in the big park. The dinosaur museum was closed. 	Which sentence was second?
 It rained when I woke up but then the sun came out. Jane took Alfie for a walk but she forgot his lead. 	Which sentence was first?

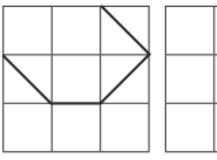
 I left my new shoes in the shop! My boots were covered in mud. 	Which sentence was second?
 The boat sailed late because the tide was low. The window cleaner climbed up the ladder. 	Which sentence was first?
 We won the game with two goals clear. Tommy was injured in the first half. 	Which sentence was second?
 Who was knocking at the door? The door was locked and I could not find the key. 	Which sentence was first?

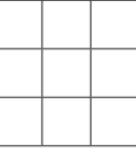
- 1. Look carefully at the designs in the boxes on the left then cover them up.
- 2. Copy and complete the design as accurately as you can into the box on the right.
- Once you have copied the design, uncover the original design and see how accurate you were.

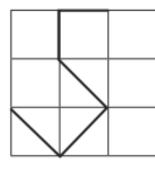


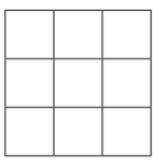


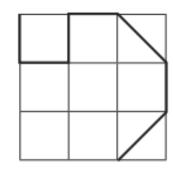


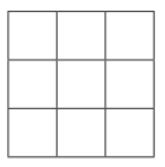


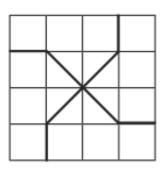


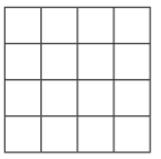


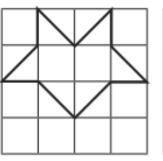


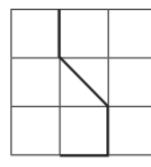


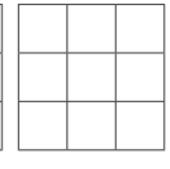


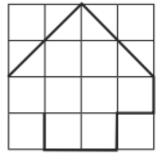


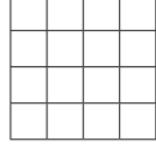


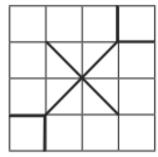


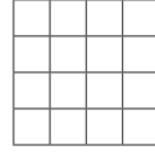










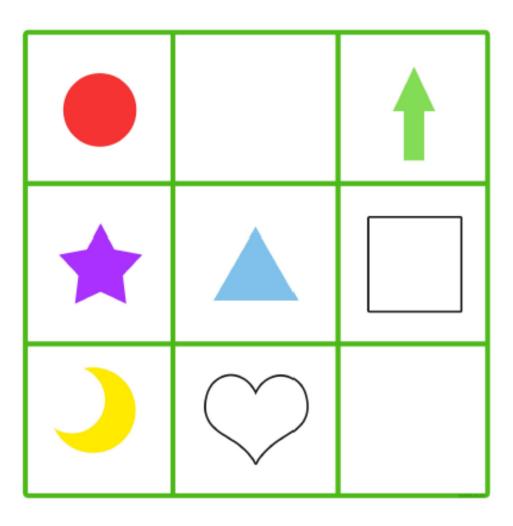


Listen and Do Challenge

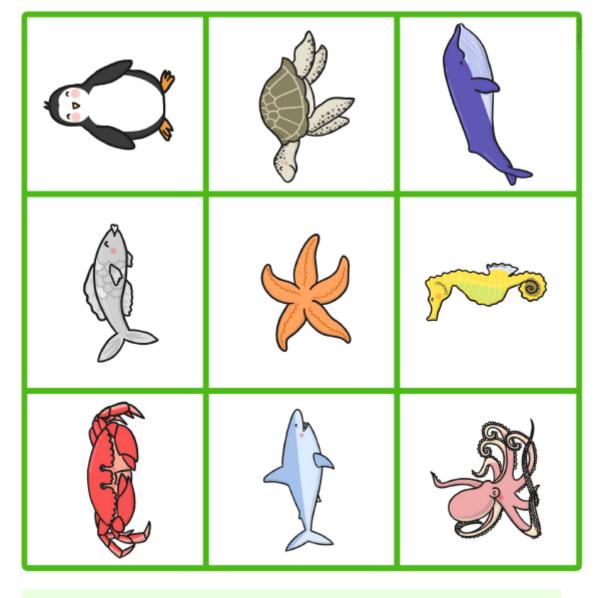
An adult should read each instruction one at a time and ask the child to follow it. Can the remember what they were asked to do?

Instruction sheet

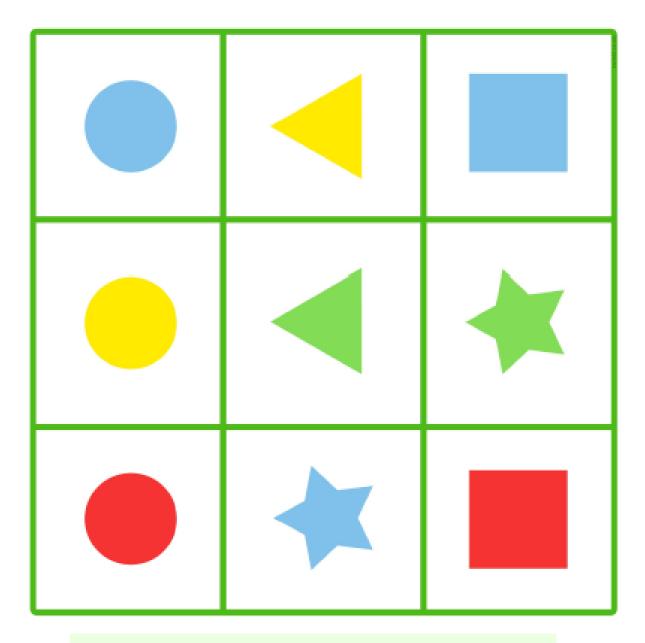
- 1. Draw a line under the circle.
- 2. Draw a star next to the triangle.
- 3. Put blue dots on the square.
- 4. Draw a line above the star.
- 5. Colour the heart green and yellow.
- 6. Draw a cross above the arrow.
- 7. Draw a square under the moon.



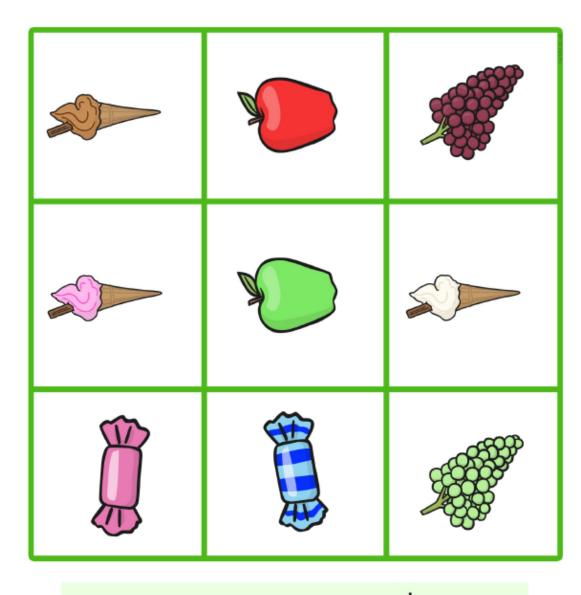
- 1. Draw a line under the penguin.
- 2. Draw a circle around the octopus.
- 3. Draw a line through the shark.
- 4. Draw a line above the crab.
- 5. Draw a square on the seahorse.
- 6. Draw a square around the fish.
- 7. Draw a line above the turtle.
- 8. Draw a square under the starfish.
- 9. Write your name on the whale.



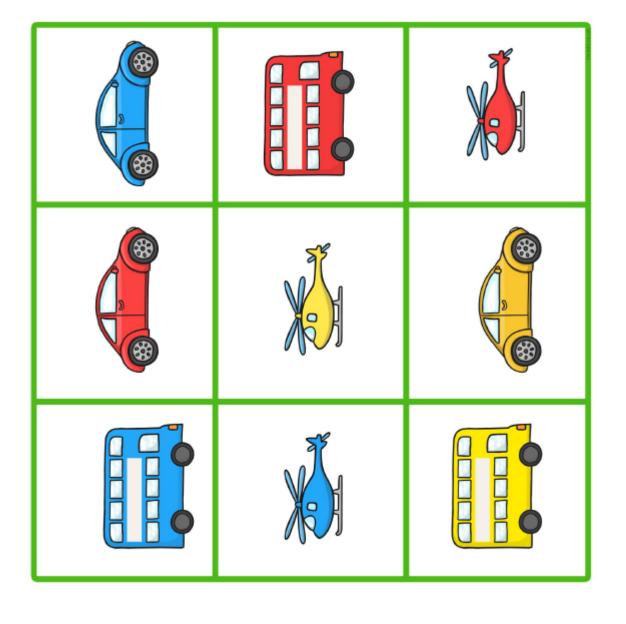
- 1. Draw a line under the red circle.
- 2. Draw a circle around the green star.
- 3. Draw a square around the yellow circle.
- 4. Draw a cross on the red square.
- 5. Draw a star above the yellow triangle.
- 6. Draw a square on the blue square.
- 7. Draw a line under the blue star.
- 8. Write the date in the green triangle.
- 9. Write your name under the blue circle.
- 10. Draw a face on the blue circle.



- 1. Draw a line above the pink sweet.
- 2. Draw a circle around the green apple.
- 3. Draw a star next to the chocolate ice cream.
- 4. Draw a square around the red apple.
- 5. Draw a line under the vanilla ice cream.
- 6. Draw a star above the purple grapes.
- 7. Draw a square around the blue sweet.
- 8. Draw a triangle under the strawberry ice cream.
- 9. Draw a star under the green grapes.
- 10. Write your name under the pink sweet.



- 1. Draw a line above the blue helicopter.
- 2. Draw a triangle around the yellow helicopter.
- 3. Draw a circle under the blue car.
- 4. Draw a square around the red car.
- 5. Draw a circle around the yellow bus.
- 6. Draw a line under the red bus.
- 7. Draw a circle under the red helicopter.
- 8. Draw a circle above the blue bus.
- 9. Draw a triangle on the yellow car.
- 10. Write your name under the blue helicopter.



Which One Doesn't Belong?

